



The Village Medical Centre

October 2025 Newsletter

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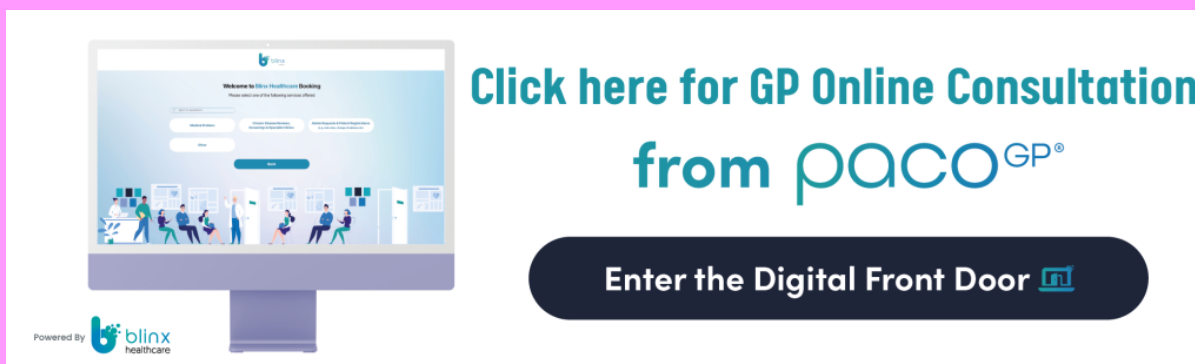
Web: <https://thevillagemedicalcentre.org.uk/>

 TheVillageMedicalCentre


Welcome to The Village Medical Centre's latest newsletter! We're delighted to connect with you and share updates from our practice and valuable health information to support your well-being. This month's edition contains information about


Introducing PACO GP – Our New Online Consultation Platform

We're excited to announce that, from Tuesday 7th October, we'll begin using PACO GP, our new **GP online consultation** tool. Its **Digital Front Door** is your new gateway to care - a simple, secure way to contact the practice to request help without waiting on the phone.



Click here for GP Online Consultation
from PACO GP®

Enter the Digital Front Door 

Powered by 

We understand introducing a new system can raise concerns about getting used to something new - but our goal is simple: to make it easier for you to access care, on your terms.

What is PACO GP?

It lets you submit your health queries digitally during core hours.

It includes digital triage, meaning we can prioritise and direct your request to the right clinician.

It supports consultation, prescribing, appointment booking, and ongoing case follow-ups — all from your device.

It also offers analytics & reporting to help us monitor demand, reduce delays, and continuously improve care.

Why PACO GP and not “another system”?

There's no need to worry about learning a completely new system from scratch — PACO GP is designed to be intuitive and user-friendly.

Over time, we expect it to reduce phone wait times, ease pressure on reception, and let you interact digitally when it suits you best.

We'll provide more info in the coming days.

Thank you for your patience and involvement as we roll out PACO GP, our new **Online Consultation** tool, to deliver better access and care for you.

World Mental Health Day—10th October 2025

Mental health is something that affects so many of us in one way or another whether that be a personal battle or knowing of a friend or relative who struggles with mental health. Mental health is equally as important as physical health and the world mental health day provides the opportunity to raise awareness and promote mental wellbeing.

Should you or someone you know require any additional mental health support please call the surgery on 0151 691 1112 to arrange an appointment with our mental health practitioners who offer appointments at several local practices within our primary care network.

There is also additional support at:

[www.everyturn.org/talking-therapies/
locations/wirral/](http://www.everyturn.org/talking-therapies/locations/wirral/)

www.mind.org.uk

Crisis line- 0800 145 6485

Samaritans- 116123

Wallasey Wellbeing Walks



Monday, Wednesday and Friday at 11-12noon, all year, except Bank Holidays.

Meet at Wallasey Village Library, St George's Road, Wallasey, CH45 3NE.

Wellbeing walks are short local walks lead by a trained leader. They are a great way to meet new people, explore your local area and be active. The walks last up to an hour and there are slower and faster options. You don't need any special equipment just wear comfy footwear and bring water if it's warm. For more information please see our Facebook page <https://www.facebook.com/RamblersWellbeingWalksWirral> or [Wallasey \(Wirral\) \(ramblers.org.uk\)](http://Wallasey(Wirral).ramblers.org.uk)

For information on other wellbeing walks in Wirral, please contact Fiona Hanik, Health Development Officer. 0151 929 7823 or 0776 967 4718 fionahanik@wirral.gov.uk



Closed

The surgery will be closed on Wednesday 15th October from 1pm till 6:30pm for training.

Should you need any medical advice during these hours please call 111 or visit walk-in centres.

Normal opening hours will resume from Thursday 16th October.

Living Well Service

The living well service is a free NHS mobile health clinic that visits local communities across Wirral. You can simply drop in—no appointment needed. The service is designed to make healthcare more accessible and convenient, especially if you find it hard to get to the surgery. The team offers:

- Vaccinations—including MMR, flu and other routine jabs you may have missed.
- Health checks—blood pressure, cholesterol, blood sugar, pulse and BMI. These results are then shared with your GP.
- Wellbeing support—advice and signposting for mental health and healthy living.
 - Cervical screening—now available on board at selected sessions.

The service is starting from 1st October and running till January 2026, the full list of the dates can be found on our website

thevillagemedicalcentre.org.uk

<u>Date</u>	<u>Location</u>	<u>Clinic Times</u>
Wednesday 1st October	Wirral Multicultural Organisation, 111 Conway Street., Birkenhead CH41 4AF	10:30-16:00
Saturday 4th October	Floral Pavillion, Marine Promenade, New Brighton, Wallasey CH45 2JS	10:30-16:00
Monday 6th October	ASDA, Woodchurch Road, Woodchurch, CH49 5PD	10:30-16:00
Friday 17th October	Wickes, The Rock Retail Park, Birkenhead, CH41 9DF	10:30-16:00

Next Chapter & Royden Revolve
Rotary Club's Young Writer And
Young Artist Competition

Who: All children up to 17 years
old

When: Closing date is Monday
10th November

Cost: FREE

For more information please pri-
vate message Next Chapter on
Facebook or email—

Claire@nextchapternwcic.co.uk

Find out more about Next Chap-
ter: nextchapternwcic.co.uk

FREE Workshop learning about autism:

Who: Aimed for parents who's children
may have been recently diagnosed or
those who may be on the ASC pathway.

When: Running from August to Decem-
ber

Time: 11am-2pm

Location: Commerce House. Birkenhead
CH41 9HP

Cost: FREE

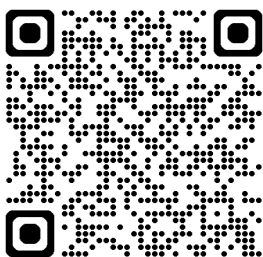
Register your interest / find out more:

Emma Mannion

info@hotchmerseyside.co.uk

07518330949

Sign up for our
newsletter to
receive a copy
straight to your
inbox:



Sponsored Skydive

Huge congratulations to Georgie and Savannah on our
admin team who bravely completed their skydive last
month and managed to raise an incredible £2000 for
Claire House.

Georgie and Savannah want to pass on their gratitude
to all staff and patients who supported them with their
fundraiser.

Well done Georgie & Savannah!