



July 2025 Newsletter

Welcome to The Village Medical Centre's latest newsletter! We're delighted to connect with you and share updates from our practice and valuable health information to support your well-being. This month's edition contains information about . . .

Patient Transport Service

Patient transport service (PTS) is a non-emergency service for people who may need special support getting to and from their healthcare appointments. The PTS provide the service in Cumbria, Lancashire, Greater Manchester and Merseyside.

To see if you are eligible for the PTS you can call the team on **0800 032 3240** who will ask you a few questions and if you are eligible they will be able to arrange transport.

If you are not eligible you will be signposted to alternative local transport providers, these numbers will include:

NHS low income scheme help with healthcare travel costs

—0300 330 1343

Citizens Advice Bureau—0800 144 8848

Royal Voluntary Service—0153 976 0001

The Voluntary Social Car Scheme—0333 240 6965, Option 5

Free Carer Support Group's

Wired are running support groups which are a perfect chance for carers to meet others and take a well-deserved break. With several groups available, pick the one that fits your schedule best!

Free tea and coffee is provided.

They also have a number of Drop-In sessions where you can chat with their Carer Connectors to get advice on benefits, carer's allowance, and other support options available to you as a carer.

No booking needed, just show up on the day!

Please see the next page for the full list of support groups they offer.

Wired Carer Support Groups

At Wired we have a range of local Carer Support Groups scattered across Wirral, so that they are easily accessible for our carers to attend.

Below are the range of Carer Support Groups that we have to offer.

St James Centre Carers Luncheon Club

- 📍 St James Centre Cafe, St James Centre, 344 Laird Street, Birkenhead, CH41 7AL
- 🕒 1st and 3rd Friday of the month, 12pm-2pm
- 📍 Free tea and coffee is provided and 50% off lunch at St James Centre Cafe

Beechwood Carers Support Groups

- 📍 Beechwood Community Shop, Manor House, Beechwood Drive, CH43 7ZU
- 🕒 2nd and 4th Thursday of the month, 10am-12pm
- 📍 Free tea and coffee is provided and an opportunity to meet other carers

Wallasey Carers Support Group

- 📍 Inspire Café, The Spire, Breck Road, Poulton, Wallasey, CH44 3BD
- 🕒 2nd and 4th Thursday of the month, 1pm-3pm
- 📍 Free tea and coffee is provided and an opportunity to meet other carers

West Kirby Carers Drop-In

- 📍 AGE UK Cafe, Marine Place, Marine Lake Medical Centre, Orrysdale Rd, West Kirby, CH48 4HX
- 🕒 3rd Thursday of the month, 10am-12pm
- 📍 Free tea and coffee is provided and an opportunity to meet other carers

West Kirby Soup and Support

- 📍 West Kirby Methodist Church, 29A Westbourne Road, West Kirby, CH48 4DQ
- 🕒 1st Thursday of the month, 11:45am-2pm 🕒 2nd and 4th Tuesday of the month, 1pm-3pm
- 📍 Free bowl of homemade soup, bread, tea, coffee, cakes and fruit



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Wired
Putting You First

We would love to hear your thoughts!

We have an online form which allows you to freely type your feedback about any aspect of the surgery. Alternatively, we also forms in reception to complete.

Scan the QR code on the right to complete your feedback now





Sign up for our newsletter to receive a copy straight to your inbox:

We wanted to say a huge **welcome** to **Chloe** who has joined the admin team last month!

Weight loss injections (Mounjaro injections)

Mounjaro Injections for weight loss are not yet available via the NHS in Cheshire and Merseyside. The ICB who commission (set up) health care services are establishing a new community service for prescribing weight loss injections such as Mounjaro on Wirral but this is not running as yet despite the plan for this to be offered across England from 23rd June 2025.

We unfortunately do not know when this will be available but will keep you updated. For any weight loss support we would recommend speaking to the admin team for a referral to the health coach.

To find more information about the weight loss injection and for updates, please visit the website below:

www.cheshireandmerseyside.nhs.uk/your-health/prescribing/statements/mounjaro-tirzepatide/

Medicines Waste Campaign

The practice have been sending out text messages to you recently asking for your help to reduce medication waste in our area. We are asking patients to check what prescription medicines you still have at home and 'only order what you need', when ordering repeat prescriptions. This does not mean your prescription quantity will change on this basis, we are just spreading awareness on the large amount of medication that is wasted in Cheshire and Merseyside each year.

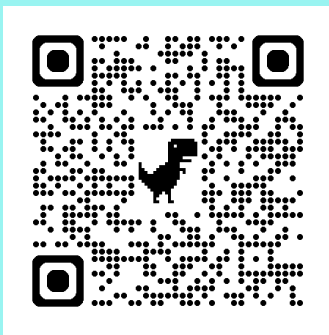
We urge everyone to check their medication bag BEFORE leaving the pharmacy, this means if there is any medication that has been issued in error and not required then the pharmacy can re-distribute this medication without wasting it.

If you have any unused/out of date medication, including inhalers, please return them to your pharmacy for safe disposal. If you would like to find out more about this campaign, please visit:

www.cheshireandmerseyside.nhs.uk/your-health/helping-you-stay-well/reducing-medicines-waste-only-order-what-you-need/

Good Luck

Two members of our admin team, **Georgie** and **Savannah** are doing a **sponsored skydive** for **Claire House Children's Hospice** this **September**. We hope you will join us in wishing them both luck with their brave fundraiser, we are sure they will exceed their target of £1,000.



You can donate and keep up to date with their progress on their justgiving page (scan the QR code):

www.justgiving.com/page/savgskydive

Claire House Hospice opened in December 1998 in name of Claire Cain who was a very brave girl who fought against a malignant tumour behind her nose and eye but sadly lost her battle shortly before her 10th birthday. Claire's family set up the hospice to help other children and their families during difficult times by offering different types of support from overnight respite/day care to counselling and various therapies to name a few.

To find out more information about Claire house, please use the QR code or visit the website:

www.clairehouse.org.uk

